# 1. Name of the medicinal product

Wegovy® FlexTouch® solution for injection in 1.5mL pre-filled pen 0.25 mg/dose
Wegovy® FlexTouch® solution for injection in 1.5mL pre-filled pen 0.5 mg/dose
Wegovy® FlexTouch® solution for injection in 3mL pre-filled pen 1 mg/dose
Wegovy® FlexTouch® solution for injection in 3mL pre-filled pen 1.7 mg/dose
Wegovy® FlexTouch® solution for injection in 3mL pre-filled pen 2.4 mg/dose

# 2. Qualitative and quantitative composition

*Wegovy® FlexTouch® solution for injection in 1.5mL pre-filled pen 0.25 mg/dose*
Each pre-filled pen contains 1 mg semaglutide* in 1.5 mL solution. One mL of solution contains 0.68 mg semaglutide*. One pre-filled pen contains 4 doses of 0.25 mg.

*Wegovy® FlexTouch® solution for injection in 1.5mL pre-filled pen 0.5 mg/dose*
Each pre-filled pen contains 2 mg semaglutide* in 1.5 mL solution. One mL of solution contains 1.34 mg semaglutide*. One pre-filled pen contains 4 doses of 0.5 mg.

*Wegovy® FlexTouch® solution for injection in 3mL pre-filled pen 1 mg/dose*
Each pre-filled pen contains 4 mg semaglutide* in 3 mL solution. One mL of solution contains 1.34 mg semaglutide*. One pre-filled pen contains 4 doses of 1 mg.

*Wegovy® FlexTouch® solution for injection in 3mL pre-filled pen 1.7 mg/dose*
Each pre-filled pen contains 6.8 mg semaglutide* in 3 mL solution. One mL of solution contains 2.27 mg semaglutide*. One pre-filled pen contains 4 doses of 1.7 mg.

*Wegovy® FlexTouch® solution for injection in 3mL pre-filled pen 2.4 mg/dose*
Each pre-filled pen contains 9.6 mg semaglutide* in 3 mL solution. One mL of solution contains 3.2 mg semaglutide*. One pre-filled pen contains 4 doses of 2.4 mg.

*human glucagon-like peptide-1 (GLP-1) analogue produced in *Saccharomyces cerevisiae* cells by recombinant DNA technology.

For the full list of excipients, see section 6.1.

# 3. Pharmaceutical form

Solution for injection (injection)
Clear and colourless isotonic solution; pH=7.4.

# 4. Clinical particulars

## 4.1 Therapeutic indications

Adults
Wegovy® is indicated as an adjunct to a reduced-calorie diet and increased physical activity for weight management, including weight loss and weight maintenance, in adults with an initial Body Mass Index (BMI) of
- ≥30 kg/m² (obesity), or
- ≥27 kg/m² to <30 kg/m² (overweight) in the presence of at least one weight-related comorbidity e.g. dysglycaemia (prediabetes or type 2 diabetes mellitus), hypertension, dyslipidaemia, obstructive sleep apnoea or cardiovascular disease.

For trial results with respect to cardiovascular risk reduction, obesity-related heart failure, and populations studied, see section 5.1.

Adolescents (≥12 years)
Wegovy® is indicated as an adjunct to a reduced-calorie diet and increased physical activity for weight management in adolescents ages 12 years and above with
- obesity* and
- body weight above 60 kg.

Treatment with Wegovy® should be discontinued and re-evaluated if adolescent patients have not reduced their BMI by at least 5% after 12 weeks on the 2.4 mg or maximum tolerated dose.

*Obesity (BMI ≥95th percentile) as defined on sex- and age-specific BMI growth charts (CDC.gov) (see Table 1).

**Table 1 BMI cut-off points for obesity (≥95$^{th}$ percentile) by sex and age for paediatric patients aged 12 and older (CDC criteria)**

| Age (years) | BMI (kg/m$^2$) at 95$^{th}$ Percentile | |
| --- | --- | --- |
| | Males | Females |
| 12 | 24.2 | 25.2 |
| 12.5 | 24.7 | 25.7 |
| 13 | 25.1 | 26.3 |
| 13.5 | 25.6 | 26.8 |
| 14 | 26.0 | 27.2 |
| 14.5 | 26.4 | 27.7 |
| 15 | 26.8 | 28.1 |
| 15.5 | 27.2 | 28.5 |
| 16 | 27.5 | 28.9 |
| 16.5 | 27.9 | 29.3 |
| 17 | 28.2 | 29.6 |
| 17.5 | 28.6 | 30.0 |

**4.2     Posology and method of administration**
Posology
*Adults*
The maintenance dose of semaglutide 2.4 mg once-weekly is reached by starting with a dose of 0.25 mg. To reduce the likelihood of gastrointestinal symptoms, the dose should be escalated over a 16-week period to a maintenance dose of 2.4 mg once weekly (see Table 2). In case of significant gastrointestinal symptoms, consider delaying dose escalation or lowering to the previous dose until symptoms have improved. Weekly doses higher than 2.4 mg are not recommended.

**Table 2 Dose escalation schedule**

| Dose escalation | Weekly dose |
| --- | --- |
| Week 1–4 | 0.25 mg |
| Week 5–8 | 0.5 mg |
| Week 9–12 | 1 mg |
| Week 13–16 | 1.7 mg |
| **Maintenance dose** | 2.4 mg |

*Adolescents*
For adolescents ages 12 years and above, the same dose escalation schedule as for adults should be applied (see Table 2). The dose should be increased until 2.4 mg (maintenance dose) or maximum tolerated dose has been reached. Weekly doses higher than 2.4 mg are not recommended.

*Patients with type 2 diabetes*
When initiating semaglutide in patients with type 2 diabetes, consider reducing the dose of concomitantly administered insulin or insulin secretagogues (such as sulfonylureas) to reduce the risk of hypoglycaemia, see section 4.4.

*Missed dose*
If a dose is missed, it should be administered as soon as possible and within 5 days after the missed dose. If more than 5 days have passed, the missed dose should be skipped, and the next dose should be administered on the regularly scheduled day. In each case, patients can then resume their regular once weekly dosing schedule. If more doses are missed, reducing the starting dose for re-initiation should be considered.

*Special populations*
*Elderly (≥65 years old)*
No dose adjustment is required based on age. Therapeutic experience in patients ≥85 years of age is limited.

*Patients with renal impairment*
No dose adjustment is required for patients with mild or moderate renal impairment. Experience with the use of semaglutide in patients with severe renal impairment is limited. Semaglutide is not recommended for use in patients with severe renal impairment (eGFR <30 mL/min/1.73m$^2$) including patients with end-stage renal disease (see sections 4.4, 4.8 and 5.2).

*Patients with hepatic impairment*
No dose adjustment is required for patients with mild or moderate hepatic impairment. Experience with the use of semaglutide in patients with severe hepatic impairment is limited. Semaglutide is not recommended for use in patients with severe hepatic impairment and should be used cautiously in patients with mild or moderate hepatic impairment (see sections 4.4 and 5.2).

*Paediatric population*
No dose adjustment is required for adolescents ages 12 years and above.
The safety and efficacy of semaglutide in children below 12 years of age have not been established.

Method of administration
Subcutaneous use.

Wegovy® is administered once weekly at any time of the day, with or without meals.

It is to be injected subcutaneously in the abdomen, in the thigh or in the upper arm. The injection site can be changed. It should not be administered intravenously or intramuscularly.

The day of weekly administration can be changed if necessary, as long as the time between two doses is at least 3 days (>72 hours). After selecting a new dosing day, once-weekly dosing should be continued.

Patients should be advised to read the instruction for use included in the package leaflet carefully before administering the medicinal product.

For further information before administration see section 6.6.

## 4.3 Contraindications
Hypersensitivity to the active substance or to any of the excipients listed in section 6.1.

## 4.4 Special warnings and precautions for use
Traceability
In order to improve the traceability of biological medicinal products, the name and the batch number of the administered product should be clearly recorded.

Aspiration in association with general anaesthesia or deep sedation
Cases of pulmonary aspiration have been reported in patients receiving GLP-1 receptor agonists undergoing general anaesthesia or deep sedation. Therefore, the increased risk of residual gastric content due to delayed gastric emptying (see section 4.8) should be considered prior to performing procedures with general anaesthesia or deep sedation.

Dehydration
Use of GLP-1 receptor agonists may be associated with gastrointestinal adverse reactions that can cause dehydration, which in rare cases can lead to a deterioration of renal function.
Patients should be advised of the potential risk of dehydration in relation to gastrointestinal side effects

and take precautions to avoid fluid depletion.

Acute pancreatitis
Acute pancreatitis has been observed with the use of GLP-1 receptor agonists (see section 4.8). Patients should be informed of the characteristic symptoms of acute pancreatitis. If pancreatitis is suspected, semaglutide should be discontinued; if confirmed, semaglutide should not be restarted. Caution should be exercised in patients with a history of pancreatitis.
In the absence of other signs and symptoms of acute pancreatitis, elevations in pancreatic enzymes alone are not predictive of acute pancreatitis.

Patients with type 2 diabetes
Semaglutide should not be used as a substitute for insulin in patients with type 2 diabetes.

Diabetic ketoacidosis has been reported in insulin-dependent patients after rapid discontinuation or dose reduction of insulin when treatment with a GLP-1 receptor agonist is started.

Semaglutide should not be used in combination with other GLP-1 receptor agonist products. It has not been evaluated and an increased risk of adverse reactions related to overdose is considered likely.

Hypoglycaemia in patients with type 2 diabetes
Insulin and sulfonylurea are known to cause hypoglycaemia. Patients treated with semaglutide in combination with a sulfonylurea or insulin may have an increased risk of hypoglycaemia. The risk of hypoglycaemia can be lowered by reducing the dose of sulfonylurea or insulin when initiating treatment with a GLP-1 receptor agonist.

Diabetic retinopathy in patients with type 2 diabetes
In patients with diabetic retinopathy treated with semaglutide, an increased risk of developing diabetic retinopathy complications has been observed (see section 4.8). Rapid improvement in glucose control has been associated with a temporary worsening of diabetic retinopathy, but other mechanisms cannot be excluded. Patients with diabetic retinopathy using semaglutide should be monitored closely and treated according to clinical guidelines. There is no experience with Wegovy® in patients with type 2 diabetes with uncontrolled or potentially unstable diabetic retinopathy. In these patients, treatment with Wegovy® is not recommended.

Populations not studied
The safety and efficacy of Wegovy® have not been investigated in patients:
–      treated with other products for weight management,
–      with type 1 diabetes,
–      with severe renal impairment (see section 4.2),
–      with severe hepatic impairment (see section 4.2),
–      with congestive heart failure New York Heart Association (NYHA) class IV.
Use in these patients is not recommended.

There is limited experience with Wegovy® in patients:
–      aged 85 years or more (see section 4.2),
–      with mild or moderate hepatic impairment (see section 4.2),
–      with inflammatory bowel disease,
–      with diabetic gastroparesis.
Use with caution in these patients.

Sodium content
This medicinal product contains less than 1 mmol sodium (23 mg) per dose, that is to say essentially 'sodium-free'.

**4.5    Interaction with other medicinal products and other forms of interaction**
Semaglutide delays gastric emptying and could potentially influence the absorption of concomitantly administered oral medicinal products. No clinically relevant effect on the rate of gastric emptying was

observed with semaglutide 2.4 mg, probably due to a tolerance effect. Semaglutide should be used with caution in patients receiving oral medicinal products that require rapid gastrointestinal absorption.

Paracetamol
Semaglutide delays the rate of gastric emptying as assessed by paracetamol pharmacokinetics during a standardised meal test. Paracetamol $AUC_{0-60min}$ and $C_{max}$ were decreased by 27% and 23%, respectively, following concomitant use of semaglutide 1 mg. The total paracetamol exposure ($AUC_{0-5h}$) was not affected. No clinically relevant effect on paracetamol was observed with semaglutide. No dose adjustment of paracetamol is necessary when administered with semaglutide.

Oral contraceptives
Semaglutide is not anticipated to decrease the effectiveness of oral contraceptives. It did not change the overall exposure of ethinylestradiol and levonorgestrel to a clinically relevant degree, when an oral contraceptive combination medicinal product (0.03 mg ethinylestradiol/0.15 mg levonorgestrel) was co-administered with semaglutide. Exposure of ethinylestradiol was not affected; an increase of 20% was observed for levonorgestrel exposure at steady state. $C_{max}$ was not affected for any of the compounds.

Atorvastatin
Semaglutide did not change the overall exposure of atorvastatin following a single dose administration of atorvastatin (40 mg). Atorvastatin $C_{max}$ was decreased by 38%. This was assessed not to be clinically relevant.

Digoxin
Semaglutide did not change the overall exposure or $C_{max}$ of digoxin following a single dose of digoxin (0.5 mg).

Metformin
Semaglutide did not change the overall exposure or $C_{max}$ of metformin following dosing of 500 mg twice daily over 3.5 days.

Warfarin and other coumarin derivatives
Semaglutide did not change overall exposure or $C_{max}$ of R- and S-warfarin following a single dose of warfarin (25 mg), and the pharmacodynamic effects of warfarin as measured by the international normalised ratio (INR) were not affected in a clinically relevant manner. However, cases of decreased INR have been reported during concomitant use of acenocoumarol and semaglutide. Upon initiation of semaglutide treatment in patients on warfarin or other coumarin derivatives, frequent monitoring of INR is recommended.

Paediatric population
Interaction studies have only been performed in adults.

## 4.6 Fertility, pregnancy and lactation
Women of childbearing potential
Women of childbearing potential are recommended to use contraception when treated with semaglutide (see section 4.5).

Pregnancy
Studies in animals have shown reproductive toxicity (see section 5.3). There are limited data from the use of semaglutide in pregnant women. Therefore, semaglutide should not be used during pregnancy. If a patient wishes to become pregnant, or pregnancy occurs, semaglutide should be discontinued. Semaglutide should be discontinued at least 2 months before a planned pregnancy due to the long half-life (see section 5.2).

Breast-feeding
In lactating rats, semaglutide was excreted in milk. A risk to a breast-fed child cannot be excluded.

Semaglutide should not be used during breast-feeding.

Fertility
The effect of semaglutide on fertility in humans is unknown. Semaglutide did not affect male fertility in rats. In female rats, an increase in oestrous length and a small reduction in number of ovulations were observed at doses associated with maternal body weight loss.

**4.7    Effects on ability to drive and use machines**
Semaglutide has no or negligible influence on the ability to drive or use machines. However, dizziness can be experienced mainly during the dose escalation period. Driving or use of machines should be done cautiously if dizziness occurs.

Patients with type 2 diabetes
If semaglutide is used in combination with a sulfonylurea or insulin, patients should be advised to take precautions to avoid hypoglycaemia while driving and using machines (see section 4.4).

**4.8    Undesirable effects**
Summary of safety profile
In four phase 3a trials, 2 650 adult patients were exposed to Wegovy®. The duration of the trials were 68 weeks. The most frequently reported adverse reactions were gastrointestinal disorders including nausea, diarrhoea, constipation and vomiting.

Tabulated list of adverse reactions
Table 3 lists adverse reactions identified in clinical trials in adults and post-marketing reports. The frequencies are based on a pool of the phase 3a trials.

Adverse reactions associated with Wegovy® are listed by system organ class and frequency. Frequency categories are defined as: Very common (≥1/10); common (≥1/100 to <1/10); uncommon (≥1/1 000 to <1/100); rare (≥1/10 000 to <1/1 000); very rare (<1/10 000) and not known (cannot be estimated from the available data).

**Table 3 Frequency of adverse reactions of semaglutide**

| MedDRA system organ class | Very common | Common | Uncommon | Rare | Not known |
|---|---|---|---|---|---|
| Immune system disorders | | | | Anaphylactic reaction | |
| Metabolism and nutrition disorders | | Hypoglycaemia in patients with type 2 diabetes[a] | | | |
| Nervous system disorders | Headache[b] | Dizziness[b] Dysgeusia[b,c] Dysaesthesia[a] | | | |
| Eye disorders | | Diabetic retinopathy in patients with type 2 diabetes[a] | | | |
| Cardiac disorders | | | Hypotension Orthostatic hypotension Increased heart rate[a,c] | | |

| MedDRA system organ class | Very common | Common | Uncommon | Rare | Not known |
|---|---|---|---|---|---|
| Gastrointestinal disorders | Vomiting[a,b] Diarrhoea[a,b] Constipation[a,b] Nausea[a,b] Abdominal pain[b,c] | Gastritis[b,c] Gastrooesophageal reflux disease[b] Dyspepsia[b] Eructation[b] Flatulence[b] Abdominal distension[b] | Acute pancreatitis[a] Delayed gastric emptying | | Intestinal obstruction |
| Hepatobiliary disorders | | Cholelithiasis[a] | | | |
| Skin and subcutaneous tissue disorders | | Hair loss[a] | | Angioedema | |
| General disorders and administration site conditions | Fatigue[b,c] | Injection site reactions[c] | | | |
| Investigations | | | Increased amylase[c] Increased lipase[c] | | |

[a] See description of selected adverse reactions below
[b] Mainly seen in the dose-escalation period
[c] Grouped preferred terms

Description of selected adverse reactions
The below information on specific adverse reactions, unless otherwise specified, pertains to the phase 3a trials.

Gastrointestinal adverse reactions
Over the 68 weeks trial period, nausea occurred in 43.9% of patients when treated with semaglutide (16.1% for placebo), diarrhoea in 29.7% (15.9% for placebo) and vomiting in 24.5% (6.3% for placebo). Most events were mild to moderate in severity and of short duration. Constipation occurred in 24.2% of patients treated with semaglutide (11.1% for placebo) and was mild to moderate in severity and of longer duration. In patients treated with semaglutide, median duration of nausea was 8 days, vomiting 2 days, diarrhoea 3 days, and constipation 47 days.

Patients with moderate renal impairment (eGFR $\geq$30 to <60 mL/min/1.73m$^2$) may experience more gastrointestinal effects when treated with semaglutide.

The gastrointestinal events led to permanent treatment discontinuation in 4.3% of patients.

Acute pancreatitis
The frequency of adjudication-confirmed acute pancreatitis reported in phase 3a clinical trials was 0.2% for semaglutide and <0.1% for placebo, respectively. In SELECT, the cardiovascular outcomes trial, the frequency of acute pancreatitis confirmed by adjudication was 0.2% for semaglutide and 0.3% for placebo.

Acute gallstone disease/Cholelithiasis
Cholelithiasis was reported in 1.6% and led to cholecystitis in 0.6% of patients treated with semaglutide. Cholelithiasis and cholecystitis was reported in 1.1% and 0.3%, respectively, of patients treated with placebo.

Hair loss
Hair loss was reported in 2.5% of patients treated with semaglutide and in 1.0% of patients treated with placebo. The events were mainly of mild severity and most patients recovered while on continued

treatment. Hair loss was reported more frequently in patients with a greater weight loss (≥20%).

*Increased heart rate*
In the phase 3a trials, a mean increase of 3 beats per minute (bpm) from a baseline mean of 72 bpm was observed in patients treated with semaglutide. The proportions of subjects with an increase in pulse from baseline ≥10 bpm at any timepoint during the on-treatment period were 67.0% in the semaglutide group vs. 50.1% in the placebo group.

*Immunogenicity*
Consistent with the potentially immunogenic properties of medicinal products containing proteins or peptides, patients may develop antibodies following treatment with semaglutide. The proportion of patients testing positive for anti-semaglutide antibodies at any time post-baseline was low (2.9%) and no patients had anti-semaglutide neutralising antibodies or anti-semaglutide antibodies with endogenous GLP-1 neutralising effect at end-of-trial. During treatment, high semaglutide concentrations might have lowered the sensitivity of the assays, hence the risk of false negatives cannot be excluded. However, in subjects testing positive for antibodies during and after treatment, the presence of antibodies was transient and with no apparent impact on efficacy and safety.

*Hypoglycaemia in patients with type 2 diabetes*
In STEP 2, clinically significant hypoglycaemia was observed in 6.2% (0.1 events/patient year) of subjects treated with semaglutide compared with 2.5% (0.03 events/patient year) of subjects treated with placebo. Hypoglycaemia with semaglutide was seen both with and without concomitant use of sulfonylurea. One episode (0.2% of subjects, 0.002 events/patient year) was reported as severe in a subject not concomitantly treated with a sulfonylurea. The risk of hypoglycaemia was increased when semaglutide was used with a sulfonylurea.

In STEP-HFpEF-DM, clinically significant hypoglycaemia was observed in 4.2% of subjects in both the semaglutide and placebo groups when used in combination with sulfonylurea and/or insulin (0.065 events/patient year with semaglutide and 0.098 events/patient year with placebo).

*Diabetic retinopathy in patients with type 2 diabetes*
A 2-year clinical trial investigated semaglutide 0.5 mg and 1 mg vs. placebo in 3 297 patients with type 2 diabetes, with high cardiovascular risk, long duration of diabetes and poorly controlled blood glucose. In this trial, adjudicated events of diabetic retinopathy complications occurred in more patients treated with semaglutide (3.0%) compared to placebo (1.8%). This was observed in insulin-treated patients with known diabetic retinopathy. The treatment difference appeared early and persisted throughout the trial. In STEP 2, retinal disorders were reported by 6.9% of patients treated with Wegovy®, 6.2% of patients treated with semaglutide 1 mg, and 4.2% of patients treated with placebo. The majority of events were reported as diabetic retinopathy (4.0%, 2.7%, and 2.7%, respectively) and non-proliferative retinopathy (0.7%, 0%, and 0%, respectively).

*Dysaesthesia*
Events related to a clinical picture of altered skin sensation such as paraesthesia, pain of skin, sensitive skin, dysaesthesia and burning skin sensation were reported in 2.1% of patients treated with semaglutide 2.4 mg and 1.2% of patients treated with placebo. The events were mild to moderate in severity and most patients recovered while on continued treatment.

Paediatric population
In a clinical trial conducted in adolescents of 12 years to below 18 years with obesity or overweight with at least one weight-related comorbidity, 133 patients were exposed to Wegovy®. The trial duration was 68 weeks.

Overall, the frequency, type and severity of adverse reactions in the adolescents were comparable to that observed in the adult population. Cholelithiasis was reported in 3.8% of patients treated with Wegovy® and 0% of patients treated with placebo.

No effects on growth or pubertal development were found after 68 weeks of treatment.

Other special populations
In the SELECT and SUSTAIN 6 trials, in adults with established cardiovascular disease, the adverse reaction profile was similar to that seen in the weight management phase 3a trials.

In the HFpEF trials, in adults with obesity related heart failure with preserved ejection fraction (HFpEF), the adverse reaction profile was similar to that seen in the weight management phase 3a trials.

**4.9    Overdose**
Overdose with semaglutide may be associated with gastrointestinal disorders which could lead to dehydration. In the event of overdose the patient should be observed for clinical signs and appropriate supportive treatment initiated.

**5.    Pharmacological properties**
**5.1    Pharmacodynamic properties**
Pharmacotherapeutic group: Drugs used in diabetes, glucagon-like peptide-1 (GLP-1) analogues, ATC code: A10BJ06

Mechanism of action
Semaglutide is a GLP-1 analogue with 94% sequence homology to human GLP-1. Semaglutide acts as a GLP-1 receptor agonist that selectively binds to and activates the GLP-1 receptor, the target for native GLP-1.

GLP-1 is a physiological regulator of appetite and calorie intake, and the GLP-1 receptor is present in several areas of the brain involved in appetite regulation.

Animal studies show that semaglutide works in the brain through the GLP-1 receptor. Semaglutide has direct effects on areas in the brain involved in homeostatic regulation of food intake in the hypothalamus and the brainstem. Semaglutide may affect the hedonic reward system through direct and indirect effects in brain areas including the septum, thalamus and amygdala.

Clinical studies show that semaglutide reduces energy intake, increases feelings of satiety, fullness and control of eating, reduces feelings of hunger, and frequency and intensity of cravings. In addition, semaglutide reduces the preference for high fat foods.

Semaglutide orchestrates the homeostatic and hedonic contributions with executive function to regulate caloric intake, appetite, reward and food choice.

In addition, in clinical studies semaglutide have shown to reduce blood glucose in a glucose dependent manner by stimulating insulin secretion and lowering glucagon secretion when blood glucose is high. The mechanism of blood glucose lowering also involves a minor delay in gastric emptying in the early postprandial phase. During hypoglycaemia, semaglutide diminishes insulin secretion and does not impair glucagon secretion.

GLP-1 receptors are also expressed in the heart, vasculature, immune system and kidneys. Semaglutide has a beneficial effect on plasma lipids, lowered systolic blood pressure and reduced inflammation in clinical studies. Furthermore, animal studies have shown that semaglutide attenuated the development of atherosclerosis and had an anti-inflammatory action in the cardiovascular system.

The mechanism of action of semaglutide for cardiovascular risk reduction is likely multifactorial, in part driven by weight loss effects and effects on known cardiovascular risk factors (reduction in blood pressure, improvements in lipid profile and glucose metabolism, and anti-inflammatory effects as demonstrated by reductions in high-sensitivity C-reactive protein (hsCRP)). The exact mechanism of cardiovascular risk reduction has not been established.

Pharmacodynamic effects
*Appetite, energy intake and food choice*

Semaglutide reduces appetite by increasing feelings of fullness and satiety, while lowering hunger and prospective food consumption. In a phase 1 trial, energy intake during an ad libitum meal was 35% lower with semaglutide compared to placebo after 20 weeks of dosing. This was supported by improved control of eating, less food cravings and a relative lower preference for high fat food. Food cravings were further assessed in STEP 5 by a Control of Eating Questionnaire (CoEQ). At week 104, the estimated treatment difference both for control of cravings and craving of savoury food significantly favoured semaglutide, whereas no clear effect was seen for craving of sweet food.

*Fasting and postprandial lipids*
Semaglutide 1 mg compared to placebo lowered fasting triglyceride and very low density lipoproteins (VLDL) concentrations by 12% and 21%, respectively. The postprandial triglyceride and VLDL response to a high fat meal was reduced with >40%.

Clinical efficacy and safety
The efficacy and safety of semaglutide for weight management in combination with a reduced calorie intake and increased physical activity were evaluated in four 68 weeks double-blinded randomised placebo-controlled phase 3a trials (STEP 1-4). A total of 4 684 adult patients (2 652 randomised to treatment with semaglutide) were included in these trials. Furthermore, the two-year efficacy and safety of semaglutide compared to placebo were evaluated in a double-blinded randomised placebo-controlled phase 3b trial (STEP 5) including 304 patients (152 in treatment with semaglutide).

Treatment with semaglutide demonstrated superior, clinically meaningful, and sustained weight loss compared with placebo in patients with obesity (BMI $\geq$30 kg/m$^2$), or overweight (BMI $\geq$27 kg/m$^2$ to <30 kg/m$^2$) and at least one weight-related comorbidity. Furthermore, across the trials, a higher proportion of patients achieved $\geq$5%, $\geq$10%, $\geq$15% and $\geq$20% weight loss with semaglutide compared with placebo. The reduction in body weight occurred irrespective of the presence of gastrointestinal symptoms such as nausea, vomiting or diarrhoea.

Treatment with semaglutide also showed statistically significant improvements in waist circumference, systolic blood pressure and physical functioning compared to placebo.

Efficacy was demonstrated regardless of age, sex, race, ethnicity, baseline body weight, BMI, presence of type 2 diabetes and level of renal function. Variations in efficacy existed within all subgroups. Relatively greater weight loss was observed in women and in patients without type 2 diabetes as well as in patients with a lower versus higher baseline body weight.

*STEP 1: Weight management*
In a 68-week double-blind trial, 1 961 patients with obesity (BMI $\geq$30 kg/m$^2$), or with overweight (BMI $\geq$27 kg/m$^2$ to <30 kg/m$^2$) and at least one weight-related comorbidity were randomised to semaglutide or placebo. All patients were on a reduced-calorie diet and increased physical activity throughout the trial.

Weight loss occurred early and continued throughout the trial. At end of treatment (week 68), the weight loss was superior and clinically meaningful compared with placebo (see Table 4 and Figure 1). Furthermore, a higher proportion of patients achieved $\geq$5%, $\geq$10%, $\geq$15% and $\geq$20% weight loss with semaglutide compared with placebo (see Table 4). Among patients with prediabetes at baseline, a higher proportion of patients had a normo-glycaemic status at end of treatment with semaglutide compared to placebo (84.1% vs. 47.8%).

**Table 4 STEP 1: Results at week 68**

|  | Semaglutide 2.4 mg | Placebo |
|---|---|---|
| Full analysis set (N) | 1 306 | 655 |
| **Body weight** | | |
| Baseline (kg) | 105.4 | 105.2 |
| Change (%) from baseline[1,2] | -14.9 | -2.4 |
| Difference (%) from placebo[1] [95% CI] | -12.4 [-13.4; -11.5]* | - |

| | | |
|---|---|---|
| Change (kg) from baseline | -15.3 | -2.6 |
| Difference (kg) from placebo[1] [95% CI] | -12.7 [-13.7; -11.7] | - |
| Patients (%) achieving weight loss ≥5%[3] | 83.5* | 31.1 |
| Patients (%) achieving weight loss ≥10%[3] | 66.1* | 12.0 |
| Patients (%) achieving weight loss ≥15%[3] | 47.9* | 4.8 |
| **Waist circumference (cm)** | | |
| Baseline | 114.6 | 114.8 |
| Change from baseline[1] | -13.5 | -4.1 |
| Difference from placebo[1] [95% CI] | -9.4 [-10.3; -8.5]* | - |
| **Systolic blood pressure (mmHg)** | | |
| Baseline | 126 | 127 |
| Change from baseline[1] | -6.2 | -1.1 |
| Difference from placebo[1] [95% CI] | -5.1 [-6.3; -3.9]* | - |

* p<0.0001 (unadjusted 2-sided) for superiority.
[1] Estimated using an ANCOVA model using multiple imputation based on all data irrespective of discontinuation of randomised treatment or initiation of other anti-obesity medication or bariatric surgery.
[2] During the trial, randomised treatment was permanently discontinued by 17.1% and 22.4% of patients randomised to semaglutide 2.4 mg and placebo, respectively. Assuming that all randomised patients stayed on treatment and did not receive additional anti-obesity therapies, the estimated changes from randomisation to week 68 for body weight based on a Mixed Model for Repeated Measures including all observations until first discontinuation were -16.9% and -2.4% for semaglutide 2.4 mg and placebo respectively.
[3] Estimated from binary regression model based on same imputation procedure as in primary analysis.
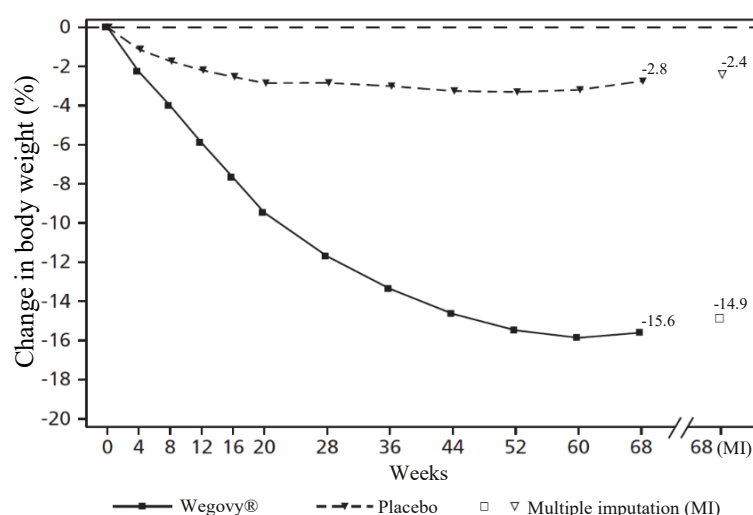


Observed values for patients completing each scheduled visit, and estimates with multiple imputations (MI) from retrieved dropouts

**Figure 1 STEP 1: Mean change in body weight (%) from baseline to week 68**

Following the 68-week trial, a 52-week off-treatment extension was conducted including 327 patients who had completed the main trial period on the maintenance dose of semaglutide or placebo. In the off-treatment period from week 68 to week 120, mean body weight increased in both treatment groups. However, for patients that had been treated with semaglutide for the main trial period the weight remained 5.6% below baseline compared to 0.1% for the placebo group.

*STEP 2: Weight management in patients with type 2 diabetes*
In a 68-week, double-blind trial, 1 210 patients with overweight or obesity (BMI ≥27 kg/m$^2$) and type 2 diabetes were randomised to either semaglutide 2.4 mg, semaglutide 1 mg once-weekly or placebo. Patients included in the trial had insufficiently controlled diabetes (HbA$_{1c}$ 7–10%) and were treated with either: diet and exercise alone or 1–3 oral antidiabetic drugs. All patients were on a reduced-calorie diet and increased physical activity throughout the trial.

Treatment with semaglutide for 68 weeks resulted in superior and clinically meaningful reduction in body weight and in HbA$_{1c}$ compared to placebo (see Table 5 and Figure 2).

**Table 5 STEP 2: Results at week 68**

| | Semaglutide 2.4 mg | Placebo |
|---|---|---|
| Full analysis set (N) | 404 | 403 |
| **Body weight** | | |
| Baseline (kg) | 99.9 | 100.5 |
| Change (%) from baseline[1,2] | -9.6 | -3.4 |
| Difference (%) from placebo[1] [95% CI] | -6.2 [-7.3; -5.2]* | - |
| Change (kg) from baseline | -9.7 | -3.5 |
| Difference (kg) from placebo[1] [95% CI] | -6.1 [-7.2; -5.0] | - |
| Patients (%) achieving weight loss ≥5%[3] | 67.4* | 30.2 |
| Patients (%) achieving weight loss ≥10%[3] | 44.5* | 10.2 |
| Patients (%) achieving weight loss ≥15%[3] | 25.0* | 4.3 |
| **Waist circumference (cm)** | | |
| Baseline | 114.5 | 115.5 |
| Change from baseline[1] | -9.4 | -4.5 |
| Difference from placebo[1] [95% CI] | -4.9 [-6.0; -3.8]* | - |
| **Systolic blood pressure (mmHg)** | | |
| Baseline | 130 | 130 |
| Change from baseline[1] | -3.9 | -0.5 |
| Difference from placebo[1] [95% CI] | -3.4 [-5.6; -1.3]** | - |
| **HbA$_{1c}$ (mmol/mol (%))** | | |
| Baseline | 65.3 (8.1) | 65.3 (8.1) |
| Change from baseline[1] | -17.5 (-1.6) | -4.1 (-0.4) |
| Difference from placebo[1] [95% CI] | -13.5 [-15.5; -11.4] (-1.2 [-1.4; -1.1])* | - - |

\* $p<0.0001$ (unadjusted 2-sided) for superiority; \*\*$p<0.05$ (unadjusted 2-sided) for superiority.
[1] Estimated using an ANCOVA model using multiple imputation based on all data irrespective of discontinuation of randomised treatment or initiation of other anti-obesity medication or bariatric surgery.
[2] During the trial, randomised treatment was permanently discontinued by 11.6% and 13.9% of patients randomised to semaglutide 2.4 mg and placebo, respectively. Assuming that all randomised patients stayed on treatment and did not receive additional anti-obesity therapies, the estimated changes from randomisation to week 68 for body weight based on a Mixed Model for Repeated Measures including all observations until first discontinuation were -10.6% and -3.1% for semaglutide 2.4 mg and placebo respectively
[3] Estimated from binary regression model based on same imputation procedure as in primary analysis.
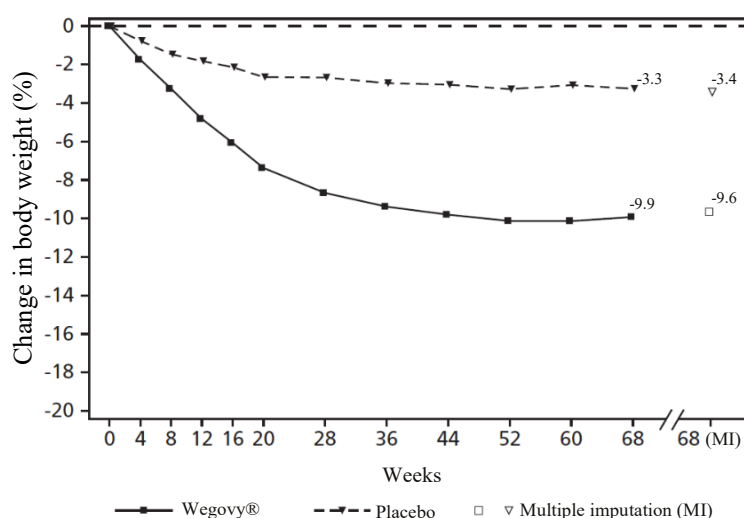


Observed values for patients completing each scheduled visit, and estimates with multiple imputations (MI) from retrieved dropouts

**Figure 2 STEP 2: Mean change in body weight (%) from baseline to week 68**

*STEP 3: Weight management with intensive behavioural therapy*
In a 68-week double-blind trial, 611 patients with obesity (BMI ≥30 kg/m$^2$), or with overweight (BMI ≥27 kg/m$^2$ to <30 kg/m$^2$) and at least one weight-related comorbidity were randomised to semaglutide

or placebo. During the trial, all patients received intensive behavioural therapy (IBT) consisting of a very restrictive diet, increased physical activity and behavioural counselling.

Treatment with semaglutide and IBT for 68 weeks resulted in superior and clinically meaningful reduction in body weight compared to placebo (see Table 6).

**Table 6 STEP 3: Results at week 68**

|  | **Semaglutide 2.4 mg** | **Placebo** |
|---|---|---|
| Full analysis set (N) | 407 | 204 |
| **Body weight** | | |
| Baseline (kg) | 106.9 | 103.7 |
| Change (%) from baseline[1,2] | -16.0 | -5.7 |
| Difference (%) from placebo[1] [95% CI] | -10.3 [-12.0; -8.6]* | - |
| Change (kg) from baseline | -16.8 | -6.2 |
| Difference (kg) from placebo[1] [95% CI] | -10.6 [-12.5; -8.8] | - |
| Patients (%) achieving weight loss ≥5%[3] | 84.8* | 47.8 |
| Patients (%) achieving weight loss ≥10%[3] | 73.0* | 27.1 |
| Patients (%) achieving weight loss ≥15%[3] | 53.5* | 13.2 |
| **Waist circumference (cm)** | | |
| Baseline | 113.6 | 111.8 |
| Change from baseline[1] | -14.6 | -6.3 |
| Difference from placebo[1] [95% CI] | -8.3 [-10.1; -6.6]* | - |
| **Systolic blood pressure (mmHg)** | | |
| Baseline | 124 | 124 |
| Change from baseline[1] | -5.6 | -1.6 |
| Difference from placebo[1] [95% CI] | -3.9 [-6.4; -1.5]* | - |

\* $p<0.005$ (unadjusted 2-sided) for superiority.
[1] Estimated using an ANCOVA model using multiple imputation based on all data irrespective of discontinuation of randomised treatment or initiation of other anti-obesity medication or bariatric surgery.
[2] During the trial, randomised treatment was permanently discontinued by 16.7% and 18.6% of patients randomised to semaglutide 2.4 mg and placebo, respectively. Assuming that all randomised patients stayed on treatment and did not receive additional anti-obesity therapies, the estimated changes from randomisation to week 68 for body weight based on a Mixed Model for Repeated Measures including all observations until first discontinuation were -17.6% and -5.0% for semaglutide 2.4 mg and placebo respectively
[3] Estimated from binary regression model based on same imputation procedure as in primary analysis.

*STEP 4: Sustained weight management*
In a 68-week double-blind trial, 902 patients with obesity (BMI ≥30 kg/m$^2$), or with overweight (BMI ≥27 kg/m$^2$ to <30 kg/m$^2$) and at least one weight-related comorbidity were included in the trial. All patients were on a reduced-calorie diet and increased physical activity throughout the trial. From week 0 to week 20 (run-in), all patients received semaglutide. At week 20 (baseline), patients who had reached the maintenance dose of 2.4 mg were randomised to continue treatment or switch to placebo. At week 0 (start of run-in period) patients had a mean body weight of 107.2 kg and a mean BMI of 38.4 kg/m$^2$.

Patients who had reached the maintenance dose of 2.4 mg at week 20 (baseline) and continued treatment with semaglutide for 48 weeks (week 20–68) continued losing weight and had a superior and clinically meaningful reduction in body weight compared to those switched to placebo (see Table 7 and Figure 3). The body weight increased steadily from week 20 to week 68 in patients switching to placebo at week 20 (baseline). Nevertheless, the observed mean body weight was lower at week 68 than at start of the run-in period (week 0) (see Figure 3). Patients treated with semaglutide from week 0 (run-in) to week 68 (end of treatment) achieved a mean change in body weight of -17.4%, with weight loss ≥5% achieved by 87.8%, ≥10% achieved by 78.0%, ≥15% achieved by 62.2% and ≥20% achieved by 38.6% of these patients.

**Table 7 STEP 4: Results from week 20 to week 68**

|  | **Semaglutide 2.4 mg** | **Placebo** |
|---|---|---|
|  |  |  |

| Full analysis set (N) | 535 | 268 |
|---|---|---|
| **Body weight** | | |
| Baseline[1] (kg) | 96.5 | 95.4 |
| Change (%) from baseline[1,2,3] | -7.9 | 6.9 |
| Difference (%) from placebo[2] [95% CI] | -14.8 [-16.0; -13.5]* | - |
| Change (kg) from baseline | -7.1 | 6.1 |
| Difference (kg) from placebo[2] [95% CI] | -13.2 [-14.3; -12.0] | - |
| **Waist circumference (cm)** | | |
| Baseline | 105.5 | 104.7 |
| Change from baseline[1] | -6.4 | 3.3 |
| Difference from placebo[2] [95% CI] | -9.7 [-10.9; -8.5]* | - |
| **Systolic blood pressure (mmHg)** | | |
| Baseline[1] | 121 | 121 |
| Change from baseline[1,2] | 0.5 | 4.4 |
| Difference from placebo[2] [95% CI] | -3.9 [-5.8; -2.0]* | - |

* $p < 0.0001$ (unadjusted 2-sided) for superiority.

[1] Baseline = week 20

[2] Estimated using an ANCOVA model using multiple imputation based on all data irrespective of discontinuation of randomised treatment or initiation of other anti-obesity medication or bariatric surgery.

[3] During the trial, randomised treatment was permanently discontinued by 5.8% and 11.6% of patients randomized to semaglutide 2.4 mg and placebo, respectively. Assuming that all randomised patients stayed on treatment and did not receive additional anti-obesity therapies, the estimated changes from randomisation to week 68 for body weight based on a Mixed Model for Repeated Measures including all observations until first discontinuation were -8.8% and 6.5% for semaglutide 2.4 mg and placebo respectively.
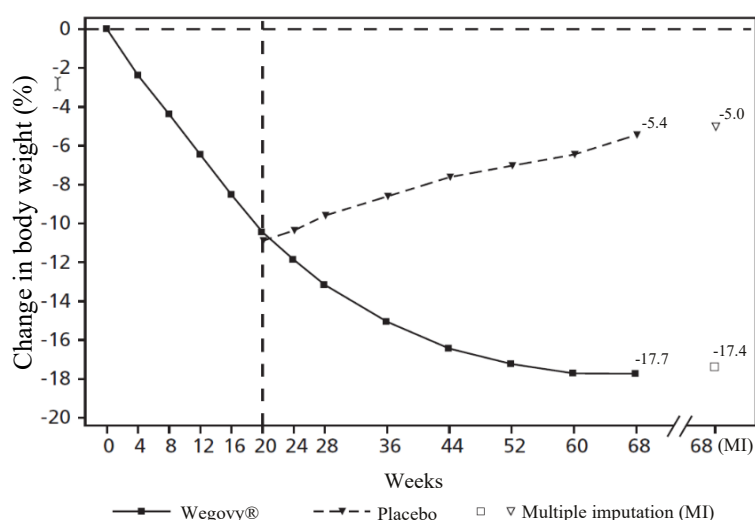


Observed values for patients completing each scheduled visit, and estimates with multiple imputations (MI) from retrieved dropouts

**Figure 3 STEP 4: Mean change in body weight (%) from week 0 to week 68**

*STEP 5: 2-year data*

In a 104-week double-blind trial, 304 patients with obesity (BMI $\geq$30 kg/m$^2$), or with overweight (BMI $\geq$27 to <30 kg/m$^2$) and at least one weight-related comorbidity, were randomised to semaglutide or placebo. All patients were on a reduced-calorie diet and increased physical activity throughout the trial. At baseline, patients had a mean BMI of 38.5 kg/m$^2$, a mean body weight of 106.0 kg.

Treatment with semaglutide for 104 weeks resulted in a superior and clinically meaningful reduction in body weight compared to placebo. Mean body weight decreased from baseline through to week 68 with semaglutide after which a plateau was reached. With placebo, mean body weight decreased less, and a plateau was reached after approximately 20 weeks of treatment (see Table 8 and Figure 4). Patients treated with semaglutide achieved a mean change in body weight of -15.2%, with weight loss $\geq$5% achieved by 74.7%, $\geq$10% achieved by 59.2% and $\geq$15% achieved by 49.7% of these patients. Among patients with prediabetes at baseline, 80% and 37% achieved a normo-glycaemic status at end of treatment with semaglutide and placebo, respectively.

**Table 8 STEP 5: Results at week 104**

| | Semaglutide 2.4 mg | Placebo |
|---|---|---|
| Full analysis set (N) | 152 | 152 |
| **Body weight** | | |
|    Baseline (kg) | 105.6 | 106.5 |
|    Change (%) from baseline[1, 2] | -15.2 | -2.6 |
|    Difference (%) from placebo[1] [95% CI] | -12.6 [-15.3; -9.8]* | - |
|    Change (kg) from baseline | -16.1 | -3.2 |
|    Difference (kg) from placebo[1] [95% CI] | -12.9 [-16.1; -9.8] | - |
|    Patients (%) achieving weight loss ≥5%[3] | 74.7* | 37.3 |
|    Patients (%) achieving weight loss ≥10%[3] | 59.2* | 16.8 |
|    Patients (%) achieving weight loss ≥15%[3] | 49.7* | 9.2 |
| **Waist circumference (cm)** | | |
|    Baseline | 115.8 | 115.7 |
|    Change from baseline[1] | -14.4 | -5.2 |
|    Difference from placebo[1] [95% CI] | -9.2 [-12.2; -6.2]* | - |
| **Systolic blood pressure (mmHg)** | | |
|    Baseline | 126 | 125 |
|    Change from baseline[1] | -5.7 | -1.6 |
|    Difference from placebo[1] [95% CI] | -4.2 [-7.3; -1.0]* | - |

* $p < 0.0001$ (unadjusted 2-sided) for superiority.
[1] Estimated using an ANCOVA model using multiple imputation based on all data irrespective of discontinuation of randomised treatment or initiation of other anti-obesity medication or bariatric surgery.
[2] During the trial, randomised treatment was permanently discontinued by 13.2% and 27.0% of patients randomised to semaglutide 2.4 mg and placebo, respectively. Assuming that all randomised patients stayed on treatment and did not receive additional anti-obesity therapies, the estimated changes from randomisation to week 104 for body weight based on a Mixed Model for Repeated Measures including all observations until first discontinuation were -16.7% and -0.6% for semaglutide and placebo respectively.
[3] Estimated from binary regression model based on same imputation procedure as in primary analysis.
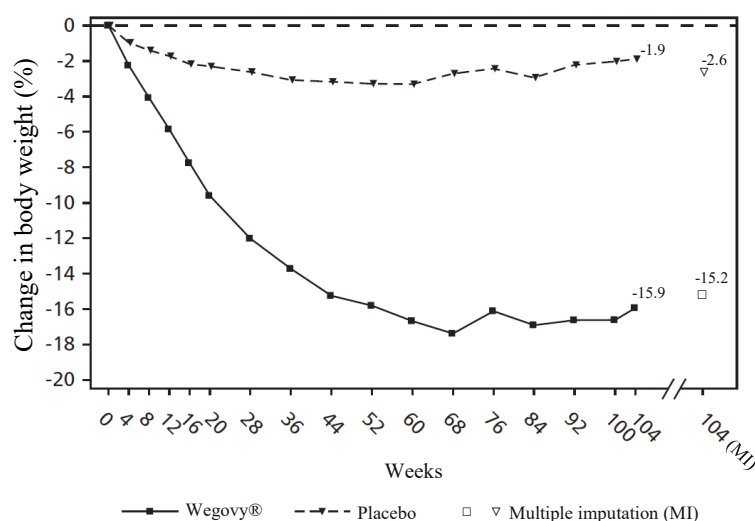


Observed values for patients completing each scheduled visit, and estimates with multiple imputations (MI) from retrieved dropouts

**Figure 4 STEP 5: Mean change in body weight (%) from week 0 to week 104**

*STEP 8: Semaglutide vs liraglutide*
In a 68-week, randomised, open-label, pairwise placebo-controlled trial, 338 patients with obesity (BMI ≥30 kg/m²), or with overweight (BMI ≥27 to <30 kg/m²) and at least one weight-related comorbidity, were randomised to semaglutide once weekly, liraglutide 3 mg once daily or placebo. Semaglutide once weekly and liraglutide 3 mg were open-label, but each active treatment group was double-blinded against placebo administered at the same dosing frequency. All patients were on a reduced-calorie diet and increased physical activity throughout the trial. At baseline, patients had a mean BMI of 37.5 kg/m², a mean body weight of 104.5 kg.

Treatment with semaglutide once weekly for 68 weeks resulted in superior and clinically meaningful reduction in body weight compared to liraglutide. Mean body weight decreased from baseline through to week 68 with semaglutide. With liraglutide, mean body weight decreased less (see Table 9). 37.4% of the patients treated with semaglutide lost ≥20%, compared to 7.0% treated with liraglutide. Table 9 shows the results of the confirmatory endpoints ≥10%, ≥15% and ≥20% weight loss.

**Table 9 STEP 8: Results of a 68-week trial comparing semaglutide with liraglutide**

|  | Semaglutide 2.4 mg | Liraglutide 3 mg |
|---|---|---|
| Full analysis set (N) | 126 | 127 |
| **Body weight** | | |
|    Baseline (kg) | 102.5 | 103.7 |
|    Change (%) from baseline[1, 2] | -15.8 | -6.4 |
|    Difference (%) from liraglutide[1] [95% CI] | -9.4 [-12.0;-6.8]* | - |
|    Change (kg) from baseline | -15.3 | -6.8 |
|    Difference (kg) from liraglutide[1] [95% CI] | -8.5 [-11.2;-5.7] | - |
|    Patients (%) achieving weight loss ≥10%[3] | 69.4* | 27.2 |
|    Patients (%) achieving weight loss ≥15%[3] | 54.0* | 13.4 |
|    Patients (%) achieving weight loss ≥20%[3] | 37.4* | 7.0 |

\* p<0.005 (unadjusted 2-sided) for superiority.
[1] Estimated using an ANCOVA model using multiple imputation based on all data irrespective of discontinuation of randomised treatment or initiation of other anti-obesity medication or bariatric surgery.
[2] During the trial, randomised treatment was permanently discontinued by 13.5% and 27.6% of patients randomised to semaglutide 2.4 mg and liraglutide 3 mg, respectively. Assuming that all randomised patients stayed on treatment and did not receive additional anti-obesity therapies, the estimated changes from randomisation to week 68 for body weight based on a Mixed Model for Repeated Measures including all observations until first discontinuation were -16.7% and -6.7% for semaglutide 2.4 mg and liraglutide 3 mg respectively.
[3] Estimated from binary regression model based on same imputation procedure as in primary analysis.

*STEP 9: Weight management in patients with knee osteoarthritis*
In a 68-week double-blind trial, 407 patients with obesity and moderate knee osteoarthritis (OA) of one or both knees were randomised to either semaglutide or placebo, as an adjunct to counselling on a reduced-calorie diet and increased physical activity. The treatment effect on knee OA-related pain was assessed by the Western Ontario and McMaster Universities Osteoarthritis 3.1 Index (WOMAC). This index is designed to evaluate changes in symptoms and lower extremity functioning associated with treatment in patients suffering from OA of the hip and/or knee. At baseline, patients had a mean BMI of 40.3 kg/m$^2$ and a mean body weight of 108.6 kg. All patients had a clinical diagnosis of knee OA with a mean baseline WOMAC pain score of 70.9 (on a scale of 0-100).

Treatment with semaglutide for 68 weeks resulted in superior and clinically significant reduction in body weight compared to placebo (see Table 10).
Treatment with semaglutide demonstrated a clinically meaningful improvement in knee OA-related pain compared to the placebo (see Table 10). The improvements in knee OA-related pain with semaglutide were achieved without an increase in the use of pain medication.

**Table 10 STEP 9: Results at week 68**

|  | Semaglutide 2.4 mg | Placebo |
|---|---|---|
| Full analysis set (N) | 271 | 136 |
| **Body weight** | | |
|    Baseline (kg) | 108.7 | 108.5 |
|    Change (%) from baseline[1,2] | -13.7 | -3.2 |
|    Difference (%) from placebo[1] [95% CI] | -10.5 [-12.3; -8.6]* | - |
|    Patients (%) achieving weight loss ≥5%[3] | 85.2* | 33.6 |
| **WOMAC pain score[4]** | | |
|    Baseline | 72.8 | 67.2 |
|    Change from baseline[1,2] | -41.7 | -27.5 |
|    Difference from placebo[1] [95% CI] | -14.1 [-20.0, -8.3]* | - |
|    Patients (%) achieving clinically meaningful improvement[3,5] | 59.0 | 35.0 |

* p<0.0001 (unadjusted 2-sided) for superiority.
[1] Estimated using an ANCOVA model using multiple imputation based on all data irrespective of discontinuation of randomised treatment or initiation of other anti-obesity therapies or other knee OA interventions and regardless of compliance with wash out period for pain medication (the latter only relevant for WOMAC related endpoint). During the trial, randomised treatment was permanently discontinued by 12.5% and 21.3% of patients randomised to semaglutide 2.4 mg and placebo, respectively.
[2] Based on a Mixed Model for Repeated Measures assuming that all randomised patients stayed on treatment and did not receive additional anti-obesity therapies or additional knee OA interventions and complied with washout period for pain medication (the latter only relevant for knee OA related pain), including all observations until first discontinuation the estimated changes from baseline to week 68 for body weight were -14.5% and -2.3% (semaglutide 2.4 mg and placebo, respectively) and for WOMAC pain score: -43.0 and -28.3 (semaglutide 2.4 mg and placebo, respectively).
[3] Estimated from logistic regression model based on same imputation procedure as for the primary analysis.
[4] WOMAC scores are presented on a scale from 0-100, with lower scores representing less disability.
[5] The change in WOMAC pain score of ≤-37.3 was used as a threshold for meaningful improvement. The threshold was derived from trial data using anchor-based methods.

*Effect on body composition*
In a sub-study in STEP 1 (N = 140), body composition was measured using dual energy X-ray absorptiometry (DEXA). The results of the DEXA assessment showed that treatment with semaglutide was accompanied by greater reduction in fat mass than in lean body mass leading to an improvement in body composition compared to placebo after 68 weeks. Furthermore, this reduction in total fat mass was accompanied by a reduction in visceral fat. These results suggest that most of the total weight loss was attributable to a reduction in fat tissue, including visceral fat.

*Improvement in physical functioning*
Semaglutide showed small improvements in physical functioning scores. Physical functioning was assessed using both the generic health-related quality of life questionnaire Short Form-36v2 Health Survey, Acute Version (SF-36) and the obesity-specific questionnaire Impact of Weight on Quality of Life Lite Clinical Trials Version (IWQOL-Lite-CT).

*Cardiovascular evaluation*
*SELECT: Cardiovascular outcomes trial in patients with overweight or obesity*
SELECT was a randomised, double-blind, placebo-controlled, event driven trial which included 17 604 patients with established cardiovascular disease and BMI≥27 kg/m$^2$. Patients were randomised to either semaglutide 2.4 mg (n=8 803) or placebo (n=8 801) in addition to standard-of-care. The median time in trial was 41.8 months. Vital status was available for 99.4% of subjects in the trial.

The study population consisted of 27.7% female and 72.3% male patients, with a mean age of 61.6 years, including 38.2% patients ≥ 65 years (n=6 728) and 7.8% patients ≥ 75 years (n=1 366). The mean BMI was 33.3 kg/m$^2$ and mean body weight was 96.7 kg. Patients with history of type 1 and type 2 diabetes were excluded.

The primary endpoint was the time from randomisation to first occurrence of major adverse cardiovascular events (MACE), defined as a composite endpoint consisting of cardiovascular death (including undetermined cause of death), non-fatal myocardial infarction, or non-fatal stroke. The primary endpoint, time to first MACE, occurred in 1 270 of the 17 604 patients included in the SELECT trial. Specifically, 569 first MACE (6.5%) were recorded among the 8 803 patients treated with semaglutide, compared to 701 first MACE (8.0%) among the 8 801 patients treated with placebo. A total of 63 (11.1%) of the first MACE with semaglutide and 80 (11.4%) with placebo were undetermined cause of death.

Superiority of semaglutide 2.4 mg versus placebo for MACE was confirmed with a hazard ratio of 0.80 [0.72; 0.90][95% CI], corresponding to a relative risk reduction in MACE of 20% (see Figure 5). The effect on each component to the reduction of MACE is shown in Figure 6. The reduction of MACE with semaglutide 2.4 mg was not impacted by age, sex, race, ethnicity, BMI at baseline, or level of renal function impairment.
Analysis of the cardiovascular death (the first confirmatory secondary endpoint) resulted in a hazard ratio of 0.85 [0.71; 1.01][95% CI].
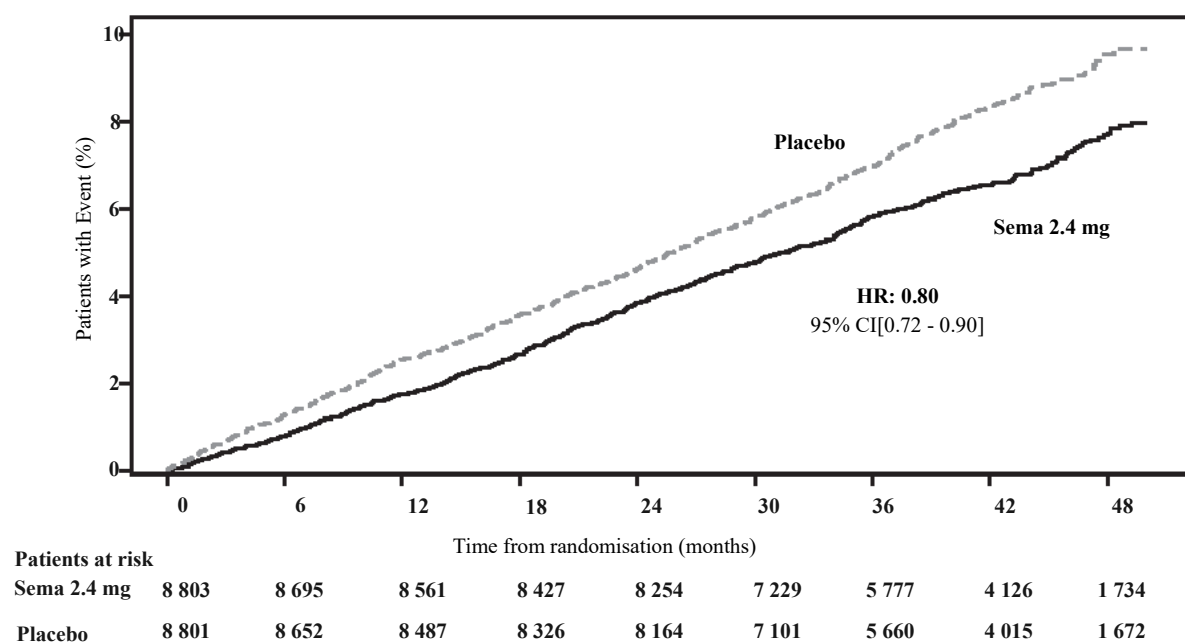
Data from the in-trial period. Cumulative incidence estimates are based on time from randomisation to first EAC-confirmed MACE with non-CV death modelled as competing risk using the Aalen-Johansen estimator. Subjects without events of interest were censored at the end of their in-trial observation period. Time from randomisation to first MACE was analysed using a Cox proportional hazards model with treatment as categorical fixed factor. The hazard ratio and confidence interval are adjusted for the group sequential design using the likelihood ratio ordering. The x-axis is truncated at 50 months where approximately 10% of the population was still in the trial.
HR: hazard ratio, CI: Confidence interval, Sema 2.4 mg: semaglutide 2.4 mg.
CV: cardiovascular, EAC: event adjudication committee, MACE: major adverse cardiovascular event.

**Figure 5: Time from randomisation to first MACE Cumulative incidence function plot**
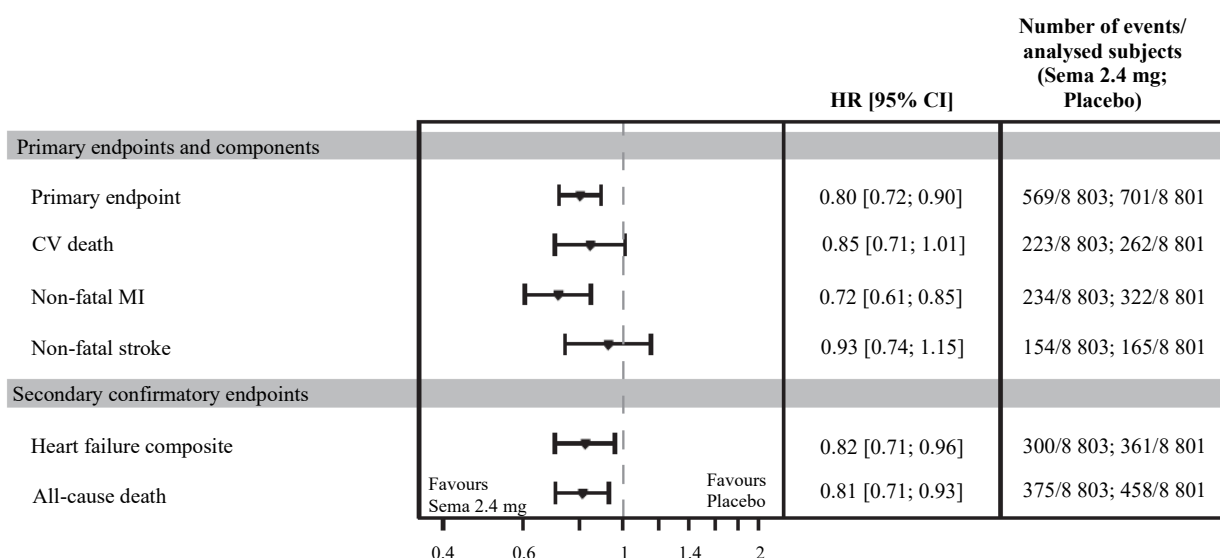


Data from the in-trial period. Time from randomisation to each endpoint was analysed using a Cox proportional hazards model with treatment as categorical fixed factor. Subjects without events of interest were censored at the end of their in-trial period. For the primary endpoint the HR and CI were adjusted for the group sequential design using likelihood ratio ordering. Secondary endpoints are not under multiplicity control.
CV death includes both cardiovascular death and undetermined cause of death.
HR: hazard ratio, CI: Confidence interval, Sema 2.4 mg: semaglutide 2.4 mg.
CV: cardiovascular, MI: myocardial infarction, Heart failure (HF) composite consisting of HF hospitalisation, urgent HF visit or CV death.

**Figure 6: Forest plot of time from randomisation to first MACE, MACE components and secondary confirmatory endpoints**

*SUSTAIN 6: Cardiovascular outcomes trial in patients with type 2 diabetes*
In the SUSTAIN 6 trial, 3 297 patients with insufficiently controlled type 2 diabetes and at high risk of cardiovascular events were randomised to semaglutide s.c. 0.5 mg or 1 mg once-weekly or placebo in addition to standard-of-care. The treatment duration was 104 weeks. The mean age was 65 years and

the mean BMI was 33 kg/m$^2$.

The primary endpoint was the time from randomisation to first occurrence of a major adverse cardiovascular event (MACE): cardiovascular death, non-fatal myocardial infarction or non-fatal stroke. The total number of the MACE was 254, including 108 (6.6%) with semaglutide and 146 (8.9%) with placebo.

The cardiovascular safety of treatment with semaglutide 0.5 or 1 mg was confirmed as the hazard ratio (HR) for semaglutide vs. placebo was 0.74, [0.58, 0.95] [95% CI], driven by a decrease in the rate of non-fatal stroke and non-fatal myocardial infarction with no difference in cardiovascular death (see Figure 7).
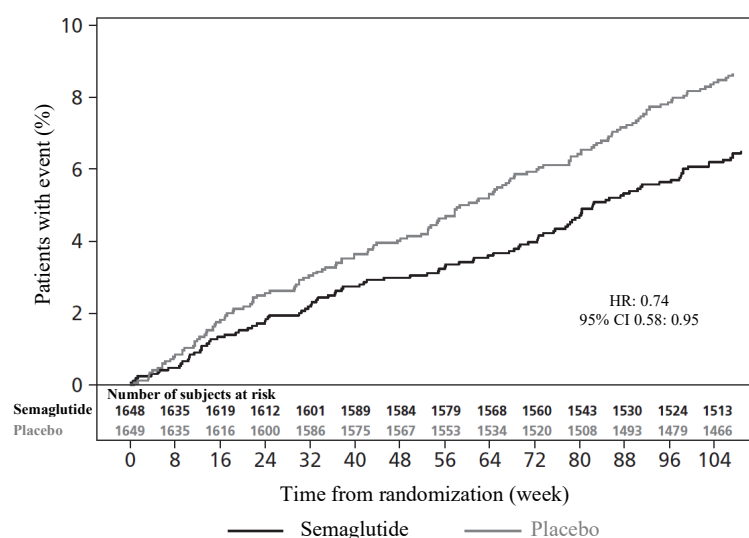


**Figure 7: Kaplan-Meier plot of time to first occurrence of the composite outcome: Cardiovascular death, non-fatal myocardial infarction or non-fatal stroke (SUSTAIN 6)**

_STEP-HFpEF and STEP-HFpEF-DM: Functional outcome trials in patients with heart failure with preserved ejection fraction without and with type 2 diabetes_

In two 52-week double-blinded clinical trials, 529 patients with obesity-related heart failure with preserved ejection fraction (STEP-HFpEF), and 616 patients with obesity-related HFpEF and type 2 diabetes (STEP-HFpEF-DM) were randomised to be treated with either semaglutide 2.4 mg or placebo once weekly in addition to standard of care treatment.

At baseline, 66.2% and 70.6% of the patients were classified as New York Heart Association (NYHA) class II, 33.6% and 29.2% were NYHA class III and 0.2% and 0.2% were NYHA class IV, in STEP-HFpEF and STEP HFpEF-DM respectively. Mean age was 68 years in both trials, median left ventricular ejection fraction (LVEF) was 57.0% and 56.0%, and mean BMI was 38.5 kg/m$^2$ and 37.9 kg/m$^2$. The STEP-HFpEF trial included 56.1% females, whereas 44.3% were female in STEP-HFpEF-DM. A high proportion of patients were on cardiovascular medications including ~ 81% on diuretics, ~ 81% on beta blockers, ~ 34% on angiotensin converting enzyme (ACE) inhibitors and ~ 45% on angiotensin receptor blockers (ARBs).
In STEP-HFpEF-DM patients were also receiving standard of care glucose lowering medications of which 32.8% were treated with sodium/glucose cotransporter-2 inhibitor (SGLT-2i) and 20.8% were treated with insulin.

The treatment effect of semaglutide 2.4 mg on heart failure symptoms was assessed using the Clinical Summary Score of the Kansas City Cardiomyopathy Questionnaire (KCCQ-CSS) which includes the domains of symptom (frequency and burden) and physical limitation. The score ranges from 0 to 100, with higher scores representing better health status. The treatment effect of semaglutide 2.4 mg on 6-Minute Walk Distance (6MWD) was assessed by the 6-Minute Walk Test (6MWT). Baseline values of KCCQ-CSS and 6MWD reflect a highly symptomatic population.

In both trials treatment with semaglutide 2.4 mg resulted in a superior effect on both KCCQ-CSS and 6MWD (Table 11). Benefits were seen both in heart failure symptoms and physical function.

**Table 11         Results of 6MWD, KCCQ-CSS and body weight from the two 52-week randomised trials (STEP-HFpEF and STEP-HFpEF-DM)**

| | STEP-HFpEF | | STEP-HFpEF-DM | |
|---|---|---|---|---|
| | Semaglutide 2.4 mg | Placebo | Semaglutide 2.4 mg | Placebo |
| Full analysis set (N) | 263 | 266 | 310 | 306 |
| **KCCQ-CSS (score)** | | | | |
| Baseline (mean)[1] | 57.9 | 55.5 | 58.8 | 56.4 |
| Change from baseline[2] | 16.6 | 8.7 | 13.7 | 6.4 |
| Difference from placebo[2] [95% CI] | 7.8 [4.8; 10.9] | | 7.3 [4.1; 10.4] | |
| Patients (%) experiencing meaningful change[3] | 43.2 | 32.5 | 42.7 | 30.5 |
| **6MWD (metres)** | | | | |
| Baseline (mean)[1] | 319.6 | 314.6 | 279.7 | 276.7 |
| Change from baseline[2] | 21.5 | 1.2 | 12.7 | -1.6 |
| Difference from placebo[2] [95% CI] | 20.3 [8.6; 32.1] | | 14.3 [3.7; 24.9] | |
| Patients (%) with meaningful change[4] | 47.9 | 34.7 | 43.8 | 30.6 |
| **Body weight** | | | | |
| Baseline (kg)[1] | 108.3 | 108.4 | 106.4 | 105.2 |
| Change (%) from baseline[2] | -13.3 | -2.6 | -9.8 | -3.4 |
| Difference (%) from placebo[2] [95% CI] | -10.7 [-11.9; -9.4] | | -6.4 [-7.6; -5.2] | |

[1] Observed mean.
[2] Estimated using an ANCOVA model using multiple imputation and for KCCQ and 6MWD, also a composite imputation based on all data irrespective of discontinuation of randomised treatment or initiation of other anti-obesity medication or bariatric surgery.
[3] Meaningful within patient change threshold of 17.2 points for STEP-HFpEF trial and 16.3 points for STEP-HFpEF-DM trial (derived using an anchor-based method based on a 1-category improvement in Patient Global Impression of Status (PGI-S)). Percentages are based on subjects with an observation at the visit.
[4] Meaningful within patient change threshold of 22.1 metres for STEP-HFpEF trial and 25.6 metres for STEP-HFpEF-DM trial (derived using an anchor-based method using "moderately better" in Patient Global Impression of Change (PGI-C)). Percentages are based on subjects with an observation at the visit.

The treatment benefit of semaglutide over placebo was consistent across all subpopulations defined by age, sex, BMI, race, ethnicity, region, systolic blood pressure (SBP), LVEF and concomitant heart failure therapy.

*STEP TEENS: Weight management in adolescent patients*
In a 68-week double-blind trial 201 pubertal adolescents, ages 12 to <18 years, with obesity or overweight and at least one weight-related comorbidity were randomised 2:1 to semaglutide or placebo. All patients were on a reduced-calorie diet and increased physical activity throughout the trial.

At end of treatment (week 68), the improvement in BMI with semaglutide was superior and clinically meaningful compared with placebo (see Table 12 and Figure 8). Furthermore, a higher proportion of patients achieved ≥5%, 10% and ≥15% weight loss with semaglutide compared with placebo (see Table 12).

**Table 12 STEP TEENS: Results at week 68**

|  | Semaglutide 2.4 mg | Placebo |
|---|---|---|
| Full analysis set (N) | 134 | 67 |
| **BMI** | | |
|   Baseline (BMI) | 37.7 | 35.7 |
|   Change (%) from baseline[1,2] | -16.1 | 0.6 |
|   Difference (%) from placebo[1] [95% CI] | -16.7 [-20.3; -13.2]* | - |
|   Baseline (BMI SDS) | 3.4 | 3.1 |
|   Change from baseline in BMI SDS[1] | -1.1 | -0.1 |
|   Difference from placebo[1] [95% CI] | -1.0 [-1.3; -0.8] | - |
| **Body Weight** | | |
|   Baseline (kg) | 109.9 | 102.6 |
|   Change (%) from baseline[1] | -14.7 | 2.8 |
|   Difference (%) from placebo[1] [95% CI] | -17.4 [-21.1; -13.8] | - |
|   Change (kg) from baseline[1] | -15.3 | 2.4 |
|   Difference (kg) from placebo[1] [95% CI] | -17.7 [-21.8; -13.7] | - |
|   Patients (%) achieving weight loss ≥5%[3] | 72.5* | 17.7 |
|   Patients (%) achieving weight loss ≥10%[3] | 61.8 | 8.1 |
|   Patients (%) achieving weight loss ≥15%[3] | 53.4 | 4.8 |
| **Waist circumference (cm)** | | |
|   Baseline | 111.9 | 107.3 |
|   Change from baseline[1] | -12.7 | -0.6 |
|   Difference from placebo[1] [95% CI] | -12.1 [-15.6; -8.7] | - |
| **Systolic blood pressure (mmHg)** | | |
|   Baseline | 120 | 120 |
|   Change from baseline[1] | -2.7 | -0.8 |
|   Difference from placebo[1] [95% CI] | -1.9 [-5.0; 1.1] | - |

\* p<0.0001 (unadjusted 2-sided) for superiority.
[1] Estimated using an ANCOVA model using multiple imputation based on all data irrespective of discontinuation of randomised treatment or initiation of other anti-obesity medication or bariatric surgery.
[2] During the trial, randomised treatment was permanently discontinued by 10.4% and 10.4% of patients randomised to semaglutide 2.4 mg and placebo, respectively. Assuming that all randomised patients stayed on treatment and did not receive additional anti-obesity therapies, the estimated changes from randomisation to week 68 for BMI based on a Mixed Model for Repeated Measures including all observations until first discontinuation were -17.9% and 0.6% for semaglutide 2.4 mg and placebo respectively
[3] Estimated from logistic regression model based on same imputation procedure as in primary analysis.
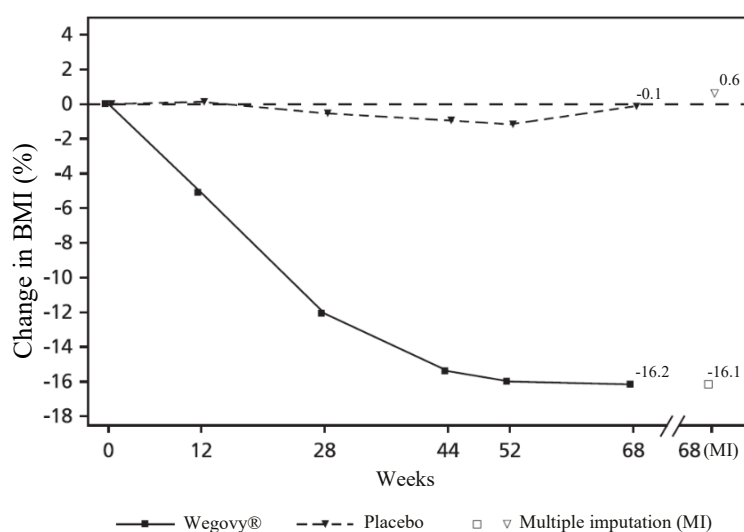


Observed values for patients completing each scheduled visit, and estimates with multiple imputations (MI) from retrieved dropouts

**Figure 8 STEP TEENS: Mean change in BMI (%) from baseline to week 68**

**5.2    Pharmacokinetic properties**

Compared to native GLP-1, semaglutide has a prolonged half-life of around 1 week making it suitable for once weekly subcutaneous administration. The principal mechanism of protraction is albumin binding, which results in decreased renal clearance and protection from metabolic degradation. Furthermore, semaglutide is stabilised against degradation by the DPP-4 enzyme.

Absorption
The average semaglutide steady state concentration following s.c. administration of the semaglutide maintenance dose was approximately 75 nmol/L in patients with overweight (BMI ≥27 kg/m$^2$ to <30 kg/m$^2$) or obesity (BMI ≥30 kg/m$^2$) based on data from phase 3a trials, where 90% of patients had average concentrations between 51 nmol/L and 110 nmol/L. The steady state exposure of semaglutide increased proportionally with doses from 0.25 mg up to 2.4 mg once weekly. Steady state exposure was stable with time as assessed up to week 68. Similar exposure was achieved with s.c. administration of semaglutide in the abdomen, thigh, or upper arm. The absolute bioavailability of semaglutide was 89%.

Distribution
The mean volume of distribution of semaglutide following s.c. administration in patients with overweight or obesity was approximately 12.4 L. Semaglutide is extensively bound to plasma albumin (>99%).

Metabolism/biotransformation
Prior to excretion, semaglutide is extensively metabolised through proteolytic cleavage of the peptide backbone and sequential beta-oxidation of the fatty acid side chain. The enzyme neutral endopeptidase (NEP) was identified as one of the active metabolic enzymes.

Elimination
The primary excretion routes of semaglutide-related material are via the urine and faeces. Approximately 3% of the absorbed dose was excreted in the urine as intact semaglutide.
The clearance of semaglutide in patients with overweight (BMI ≥27 kg/m$^2$ to <30 kg/m$^2$) or obesity (BMI ≥30 kg/m$^2$) was approximately 0.05 L/h. With an elimination half-life of approximately 1 week, semaglutide will be present in the circulation for approximately 7 weeks after the last dose of 2.4 mg.

Special populations
*Elderly*
Age had no effect on the pharmacokinetics of semaglutide based on data from phase 3 trials including patients 18–86 years of age.

*Gender, race and ethnicity*
Gender, race (White, Black or African American, Asian) and ethnicity (Hispanic or Latino, non-Hispanic or -Latino) had no effect on the pharmacokinetics of semaglutide based on data from phase 3a trials.

*Body weight*
Body weight had an effect on the exposure of semaglutide. Higher body weight was associated with lower exposure; a 20% difference in body weight between individuals will result in an approximate 18% difference in exposure. The 2.4 mg weekly dose of semaglutide provided adequate systemic exposures over the body weight range of 54.4−245.6 kg evaluated for exposure response in the clinical trials.

*Renal impairment*
Renal impairment did not impact the pharmacokinetics of semaglutide in a clinically relevant manner. This was shown with a single dose of 0.5 mg semaglutide for patients with different degrees of renal impairment (mild, moderate, severe or patients in dialysis) compared with patients with normal renal function. This was also shown for patients with overweight (BMI ≥27 kg/m$^2$ to <30 kg/m$^2$) or obesity (BMI ≥30 kg/m$^2$) and mild to moderate renal impairment based on data from phase 3a trials.

*Hepatic impairment*

Hepatic impairment did not have any impact on the exposure of semaglutide. The pharmacokinetics of semaglutide were evaluated in patients with different degrees of hepatic impairment (mild, moderate, severe) and compared with patients with normal hepatic function in a study with a single dose of 0.5 mg semaglutide.

*Prediabetes and diabetes*
Prediabetes and diabetes did not have any clinically relevant effect on the exposure of semaglutide based on data from phase 3 trials.

*Immunogenicity*
Development of anti-semaglutide antibodies when treated with semaglutide occurred infrequently (see section 4.8) and the response did not appear to influence semaglutide pharmacokinetics.

*Paediatrics*
Pharmacokinetic properties for semaglutide were assessed in a clinical trial for adolescent patients with obesity or overweight and at least one weight-related comorbidity ages 12 to <18 years (124 patients, body weight 61.6-211.9 kg). The semaglutide exposure in adolescents was similar to that in adults with obesity or overweight.
Safety and efficacy of semaglutide in children below 12 years of age have not been studied.

**5.3    Preclinical safety data**
Preclinical data reveal no special hazards for humans based on conventional studies of safety pharmacology, repeat-dose toxicity or genotoxicity.

Non-lethal thyroid C-cell tumours observed in rodents are a class effect for GLP-1 receptor agonists. In 2-year carcinogenicity studies in rats and mice, semaglutide caused thyroid C-cell tumours at clinically relevant exposures. No other treatment-related tumours were observed. The rodent C-cell tumours are caused by a non-genotoxic, specific GLP-1 receptor mediated mechanism to which rodents are particularly sensitive. The relevance for humans is considered to be low, but cannot be completely excluded.

In fertility studies in rats, semaglutide did not affect mating performance or male fertility. In female rats, an increase in oestrous cycle length and a small reduction in corpora lutea (ovulations) were observed at doses associated with maternal body weight loss.

In embryo-foetal development studies in rats, semaglutide caused embryotoxicity below clinically relevant exposures. Semaglutide caused marked reductions in maternal body weight and reductions in embryonic survival and growth. In foetuses, major skeletal and visceral malformations were observed, including effects on long bones, ribs, vertebrae, tail, blood vessels and brain ventricles. Mechanistic evaluations indicated that the embryotoxicity involved a GLP-1 receptor mediated impairment of the nutrient supply to the embryo across the rat yolk sac. Due to species differences in yolk sac anatomy and function, and due to lack of GLP-1 receptor expression in the yolk sac of non-human primates, this mechanism is considered unlikely to be of relevance to humans. However, a direct effect of semaglutide on the foetus cannot be excluded.

In developmental toxicity studies in rabbits and cynomolgus monkeys, increased pregnancy loss and slightly increased incidence of foetal abnormalities were observed at clinically relevant exposures. The findings coincided with marked maternal body weight loss of up to 16%. Whether these effects are related to the decreased maternal food consumption as a direct GLP-1 effect is unknown.

Postnatal growth and development were evaluated in cynomolgus monkeys. Infants were slightly smaller at delivery but recovered during the lactation period.

In juvenile rats, semaglutide caused delayed sexual maturation in both males and females. These delays had no impact upon fertility and reproductive capacity of either sex, or on the ability of the females to maintain pregnancy.

# 6. Pharmaceutical particulars

## 6.1 List of excipients

Disodium phosphate, dihydrate
Propylene glycol
Phenol
Hydrochloric acid (for pH adjustment)
Sodium hydroxide (for pH adjustment)
Water for injections

## 6.2 Incompatibilities

In the absence of compatibility studies this medicinal product must not be mixed with other medicinal products.

## 6.3 Shelf life

Before use: Expiry date is stated on the pen label and carton after 'Expiry'.
After first use: 6 weeks. Store below 30°C or in a refrigerator (2°C to 8°C).

## 6.4 Special precautions for storage

Store in a refrigerator (2°C to 8°C). Keep away from the cooling element.
Do not freeze.

Keep the pen cap on when the pen is not in use in order to protect it from light.

## 6.5 Nature and contents of container

Pre-filled pen, FlexTouch® (0.25, 0.5 mg) 1.5 mL pre-filled pen
1.5 mL glass cartridge (type I glass) closed at the one end with a rubber plunger (chlorobutyl) and at the other end with an aluminium cap with a laminated rubber sheet (bromobutyl/polyisoprene) inserted. The cartridge is assembled into a disposable pre-filled pen made of polypropylene, polyoxymethylene, polycarbonate and acrylonitrile butadiene styrene.

Pre-filled pen, FlexTouch® (1, 1.7 and 2.4 mg) 3 mL pre-filled pen
3 mL glass cartridge (type I glass) closed at the one end with a rubber plunger (chlorobutyl) and at the other end with an aluminium cap with a laminated rubber sheet (bromobutyl/polyisoprene) inserted. The cartridge is assembled into a disposable pre-filled pen made of polypropylene, polyoxymethylene, polycarbonate and acrylonitrile butadiene styrene.

Pack size
1 pre-filled pen and 4 disposable NovoFine® Plus needles.

## 6.6 Special precautions for disposal and other handling

Wegovy® should not be used if it does not appear clear and colourless.
The pen should not be used if it has been frozen.

Any unused medicinal product or waste material should be disposed of in accordance with local requirements.

This pen is for multi-use. It contains 4 doses.

The patient should be advised to discard the injection needle in accordance with local requirements after each injection and store the Wegovy® pen without an injection needle attached. This may prevent blocked needles, contamination, infection, leakage of solution and inaccurate dosing.

The pen is for use by one person only.

Wegovy® can be administered with needles up to a length of 8 mm. The pen is designed to be used with NovoFine® and NovoTwist® disposable needles.

**7.    Marketing authorisation holder**
Novo Nordisk A/S
Novo Allé
DK-2880 Bagsværd
Denmark


*Wegovy®, FlexTouch®, NovoFine® and NovoTwist® are trademarks owned by Novo Nordisk A/S, Denmark*

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***Front page information:***

**Wegovy®**
0.25 mg, 0.5 mg
1 mg, 1.7 mg
2.4 mg
FlexTouch®
**semaglutide**

**Instructions on how to use Wegovy®**

Before you begin using your once-weekly Wegovy® FlexTouch® pen, **always read these instructions carefully,** and talk to your doctor, nurse or pharmacist about how to inject Wegovy® correctly.

Wegovy® pen is a dial-a-dose pen that **contains four of your prescribed doses of Wegovy®, corresponding to four times of once-weekly use**.

Please use the table inside the lid of the carton to keep track of how many injections you have used and how many doses remain in your pen.

Wegovy® comes in five different pens, each containing one of the following prescribed doses of semaglutide:

| 0.25 mg | 0.5 mg | 1 mg | 1.7 mg | 2.4 mg |

**Always start by checking your pen label to make sure that it contains your prescribed dose of Wegovy®.**

Your pen is designed to be used with NovoFine® Plus, NovoFine® or NovoTwist® disposable needles up to a length of 8 mm.

**The pack contains:**
- Wegovy® pen
- 4 NovoFine® Plus needles
- Package leaflet

## Wegovy® FlexTouch® pen (example)

**Please note:** Your pen may differ in size and your pen label may differ in colour from the example shown in the pictures.
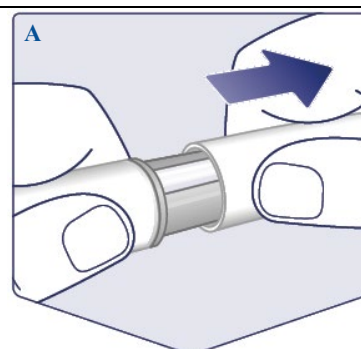These instructions apply to all Wegovy® FlexTouch® pens



Pen cap · Pen window · Manuf./Expiry/Batch: · Expiry date (Expiry) on back of pen label · Dose counter · Dose pointer · Dose selector · Dose button
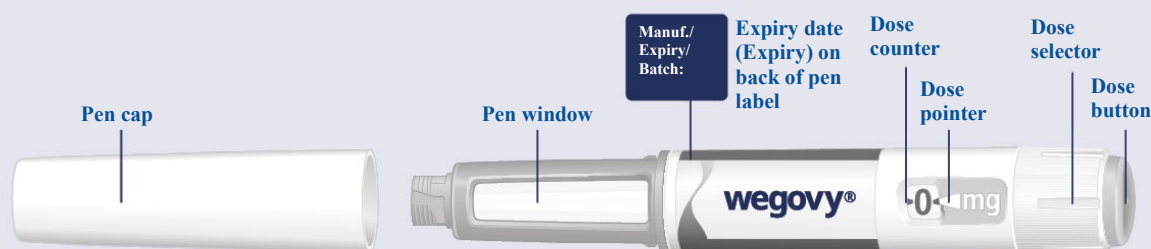
## NovoFine® Plus needle (example)



Outer needle cap · Inner needle cap · Needle · Paper tab
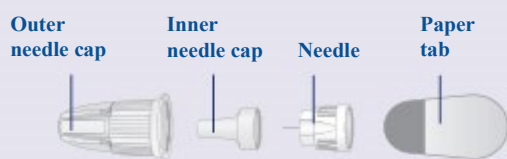
**1 Prepare your pen with a new needle**

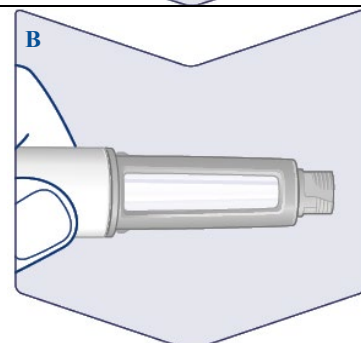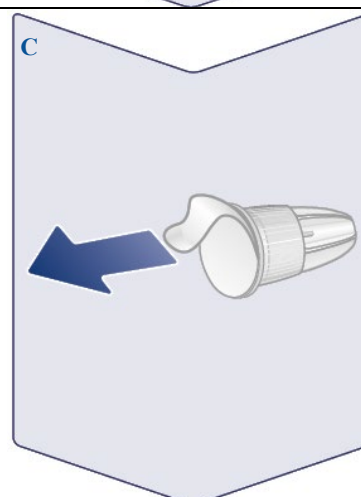| | |
|---|---|
| **Check the name and dose** of your pen to make sure it contains your prescribed dose of Wegovy®.<br><br>**Pull off the pen cap.**<br><br>(See figure A). | A |
| **Check that the solution in your pen is clear and colourless**.<br><br>Look through the pen window. If Wegovy® looks cloudy or coloured, do not use the pen.<br><br>(See figure B). | B |
| **Always use a new needle for each injection.**<br><br>**Take a needle** when you are ready to take your injection. Check the paper tab and the outer needle cap for damages that could affect sterility. If any damage is seen, use a new needle.<br><br>**Tear off the paper tab.**<br><br>(See figure C). | C |
| **Push the needle straight onto the pen. Turn until it is on tight.**<br><br>(See figure D). | D |
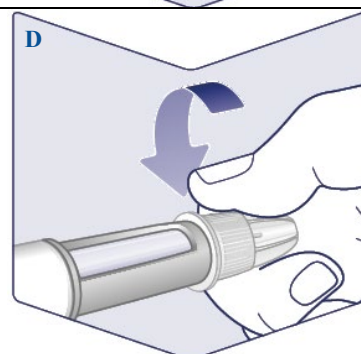
**The needle is covered by two caps. You must remove both caps.** If you forget to remove both caps you will not inject any Wegovy®.

**Pull off the outer needle cap and keep it for later.** You will need it to safely remove the needle from the pen after the injection.

**Pull off the inner needle cap and dispose of it.** A drop of Wegovy® may appear at the needle tip. You must still check the Wegovy® flow if you use a new pen for the first time. See **'Check the flow with each new pen'.**

Never use a bent or damaged needle. For more information about needle handling, see **'About your needles'** below these instructions.

(See figure E).
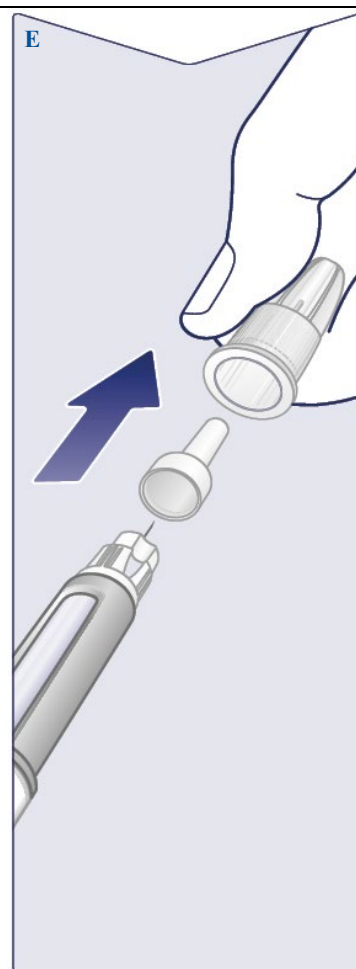
**Check the flow with each new pen**

If your Wegovy® pen is already in use, go to **'2 Set your dose'.**

Only check the Wegovy® flow before your **first injection with each new pen.**

Turn the dose selector until you see the flow check symbol (⁝ ━).

(See figure F).

| | |
|---|---|
| Make sure the flow check symbol lines up with the dose pointer.<br><br>(See figure G). | |
| **Check the flow** | |
| Hold the pen with the needle pointing up.<br><br>**Press and hold in the dose button** until the dose counter returns to 0. The 0 must line up with the dose pointer.<br><br>A drop of Wegovy® should appear at the needle tip. This drop indicates that your pen is ready for use.<br><br>If a drop does not appear, check the flow again. **This should only be done twice.**<br><br>If there is still no drop, **change the needle and check the flow once more.**<br><br>**Do not use the pen** if a drop of Wegovy® still does not appear.<br><br>(See figure H). | |
| **2 Set your dose** | |

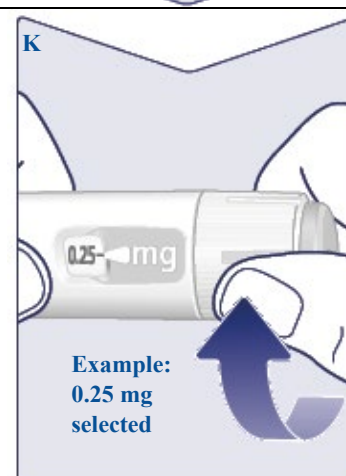| | |
|---|---|
| Turn the dose selector until the **dose counter stops,** and it **shows your prescribed dose.**<br><br>(See figure I). | **I**<br><br> |
| The dashed line ( ┊ ) in the dose counter will guide you to your dose.<br><br>The dose selector clicks differently when turned forward, backwards or past your dose. You will hear a 'click' every time you turn the dose selector. Do not set the dose by counting the number of clicks you hear.<br><br>(See figure J). | **J**<br><br><br><br>**Dashed line** |
| **When your prescribed dose lines up with the dose pointer, you have selected your dose.** In this picture, the dose  0.25 mg  is shown as an example.<br><br>If the dose counter stops before you reach your prescribed dose, see the section **'Do you have enough Wegovy®?'** below these instructions.<br><br>(See figure K). | **K**<br><br><br><br>**Example: 0.25 mg selected** |

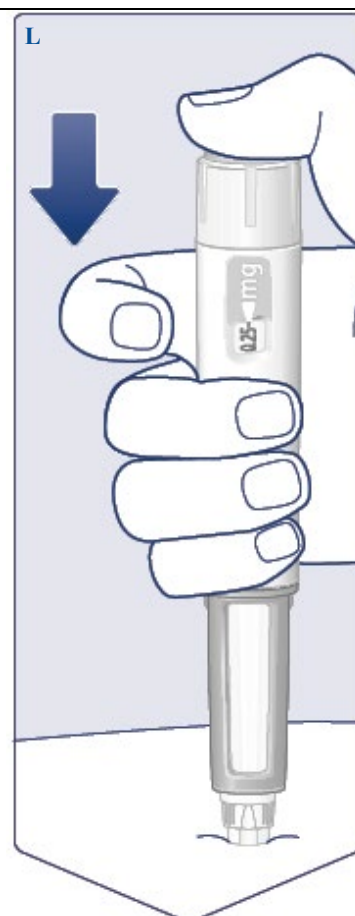| | |
|---|---|
| **Choose your injection site**<br><br>Choose your upper arms, upper legs or stomach (keep a 5 cm distance from your belly button).<br><br>You may inject in the same body area each week, but make sure it is not in the same spot as used the last time. | <br>Upper arms<br>Stomach<br>Upper legs |
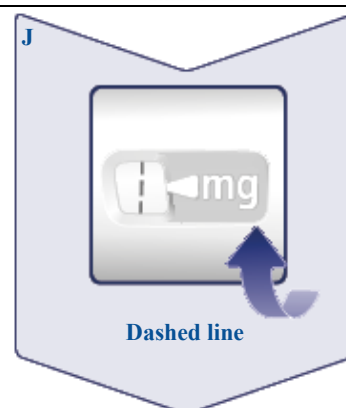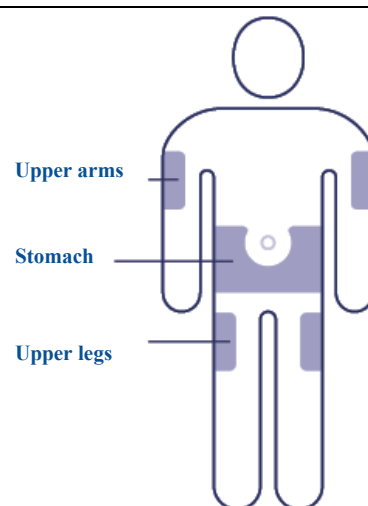
**3 Inject your dose**

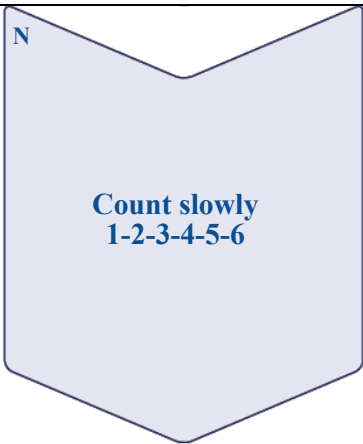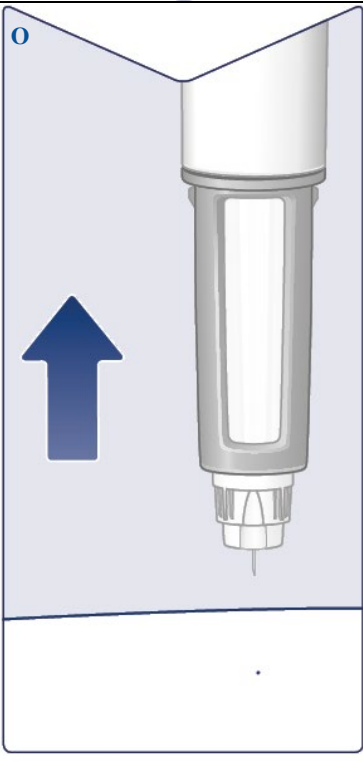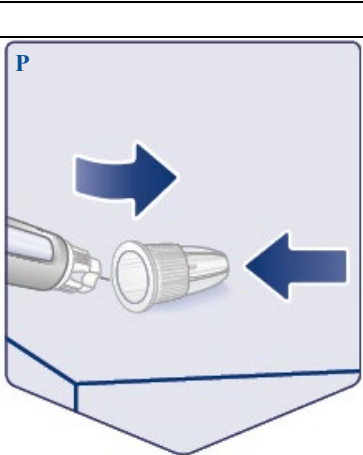| | |
|---|---|
| **Insert the needle into your skin.**<br><br>**Make sure you can see the dose counter.** Do not cover it with your fingers. This could interrupt the injection.<br><br>(See figure L). | **L**<br> |
| **Press and hold down the dose button until the dose counter shows** 0.<br><br>(See figure M).<br><br>**Keep pressing the dose button with the needle in your skin and slowly count to 6.** The 0 must line up with the dose pointer. You may hear or feel a click when the dose counter returns to 0.<br><br>(See figure N). | **M**<br> |

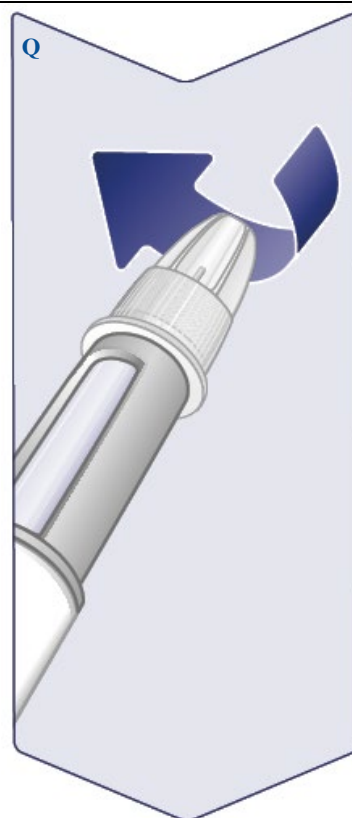| | N |
|---|---|
| | **Count slowly**<br>**1-2-3-4-5-6** |
| **Remove the needle from your skin.** If the needle is removed earlier, a stream of Wegovy® may come from the needle tip and the full dose will not be delivered.<br><br>If blood appears at the injection site, press lightly on the area to stop the bleeding.<br><br>You may see a drop of Wegovy® at the needle tip after injecting. This is normal and does not affect your dose.<br><br>(See figure O). | O |

**4 After your injection**

| | |
|---|---|
| **Lead the needle tip into the outer needle cap** on a flat surface without touching the needle or the outer needle cap.<br><br>**Once the needle is covered,** carefully push the outer needle cap completely on.<br><br>(See figure P). | P |

| | |
|---|---|
| **Unscrew the needle** and dispose of it carefully as instructed by your doctor, nurse, pharmacist or local authorities.<br><br>**Never try to put the inner needle cap back on the needle.** You may stick yourself with the needle.<br><br>**Always dispose of the needle immediately after each injection** to prevent blocked needles, contamination, infection, and inaccurate dosing. **Never store your pen with the needle attached.**<br><br>(See figure Q). | Q |
| **Put the pen cap on** your pen after each use to protect Wegovy® from light.<br><br>(See figure R). | R |
| When the pen is empty, dispose of the pen without a needle on as instructed by your doctor, nurse, pharmacist, or local authorities.<br><br>The pen cap and the empty carton can be disposed of in your household waste. | |

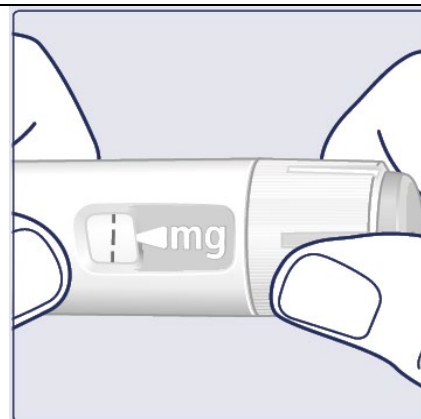| About your needles | |
|---|---|
| **How to identify a blocked or damaged needle**<br>• If ·0· does not appear in the dose counter after continuously pressing the dose button, you may have used a blocked or damaged needle.<br><br>• In this case, you have **not** received any Wegovy® – even though the dose counter has moved from the original dose that you have set.<br><br>**How to handle a blocked needle**<br>• Change the needle as instructed in **'1 Prepare your pen with a new needle'** and go to **'2 Set your dose'**. | |

| Caring for your pen |
|---|
| Treat your pen with care. Rough handling or misuse may cause inaccurate dosing. If this happens, you might not get the intended effect of Wegovy®.<br><br>• See the back of this leaflet to read the storage conditions for your pen.<br>• **Do not inject Wegovy® that has been exposed to direct sunlight.**<br>• **Do not subject Wegovy® to frost and never inject Wegovy® that has been frozen.** Dispose of the pen.<br>• **Do not drop your pen** or knock it against hard surfaces.<br>• **Do not try to refill your pen.** Once empty, it must be disposed of.<br>• **Do not try to repair your pen** or pull it apart.<br>• **Do not expose your pen to dust, dirt or liquid.**<br>• **Do not wash, soak or lubricate your pen.** If necessary, clean it with a mild detergent on a moistened cloth. |

| Do you have enough Wegovy®? | |
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| If the dose counter stops before you reach your prescribed dose, there is not enough Wegovy® left for a full dose. Dispose of the pen and use a new Wegovy® pen. | |

| ⚠ Important information |
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| • **Only inject one dose of Wegovy® once weekly.** If you do not use your Wegovy® as prescribed, you may not get the intended effect of this medicine.<br>• If you use more than one type of injectable medicine, it is very **important to check the name and dose** of your pen label **before use.**<br>• **Do not use this pen without help if you have poor eyesight and cannot follow these instructions.** Get help from a person with good eyesight who is trained to use the Wegovy® pen.<br>• Always keep pen and needles **out of sight and reach of others, especially children.**<br>• **Never share** your pen or your needles with other people.<br>• **Needles are for single use only. Never reuse your needles** as it may lead to blocked needles, contamination, infection and inaccurate dosing. |

- Caregivers must **be very careful when handling used needles** to prevent accidental needle stick injuries and infection.